



2018



Montana Academy of Nutrition and Dietetics

eat right. an affiliate of the
Academy of Nutrition and Dietetics

ANNUAL CONFERENCE AND EXPO

Program

June 6 - 7, 2018

**Best Western Premier Great
Northern Hotel**

835 Great Northern Boulevard
Helena, Montana

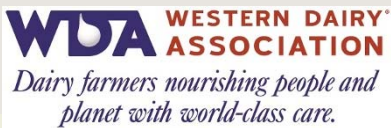
Telephone (800) 829-4047

2018 MTAND FANS Program		Learning Code
Wednesday June 6th		
7:00am-8:00am	Registration	
8:00am-8:15am Western Empire Ballroom	Meeting Welcome: Colleen Mickolio, RDN, MTAND President	
8:15am-9:15am	Keynote Speaker: Amanda E. Raimer-Tait, PhD "More Than a Gut Feeling: How the Microbiota Improves Human Health" Sponsored by the Western Dairy Association	
9:15am-9:30am	Break: Yogurt Parfaits Sponsored by the Western Dairy Association	
9:30am-10:30am	Breakout Sessions	
Oriental A/B	Ali Fox "Complications from Gastric Bypass Surgery: Case Study" Christine Bauer "Cystic Fibrosis: Nutrition Intervention for the Adult Population" Shannon Lynch "PCOS: Are You the 1 in 10 Women with the Most Underdiagnosed Endocrine Disorders"	
Oriental C/D	Emma Peterson "Nutrition for Endurance Athletes" Jack Achenbach "Body Dysmorphia Amongst Men and Male Teenagers" Gretchen Groves "Cultivating Self-Acceptance: Confronting Weight Bias and Body Image Dissatisfaction Among Dietetic Professionals"	
Ironhorse	Bailey Fisher "The Ins and Outs of Food Label Dating" Sadie Seidel "How Sustainable Can Bugs Be?" Thedra Bird Rattler "Native American Traditional Medicinals"	
10:35pm-11:35am	Breakout Sessions	
Oriental A/B	Justine Charlton "Nutrition Interventions for Oral Mucositis" Karli Sullivan "Nutrition Management After Total Laryngectomy" Emma Weinmann "The Gut Microbiome and Diabetes"	
Oriental C/D	Allison Brumet "Fueling for Success: Sports Nutrition 101" Julia Eltzroth "Weight Bias in Healthcare" Lanie Sumlin "The Health at Every Size Approach"	
Ironhorse	Julia Fulk "Wasted Nutrients: The Scale of Food Waste in the U.S." Mckenzie Johnson "Forging Your Own Path: Inspiring and Equipping RDs to Teach Outside the Box" Anna Goodrum "A Look Below Our Feet: Mycorrhiza and Interplant Communication"	
11:45am-1:15pm	Lunch: Beef, it's what's for Lunch! Annual MTAND Meeting, Awards, and Vendor Show Sponsored by the Montana Beef Council	
1:15pm-2:30pm Western Empire Ballroom	Keynote Speaker: Mary Lee Chin MS, RDN "When Food and Facts Collide: Going Behind the Nutrition Headlines" Sponsored by the Montana Beef Council	
2:45pm-3:45pm	Breakout Sessions	
Oriental A/B	Kaitlin O'Leary "Nutrition for the Outdoor Adventurer" Abigail Newby "Lean Muscle Mass: Obtain, Maintain, Preserve" Shelby Lubbers "Detecting Seasonal Body Composition Changes in Lean Athletes"	
Oriental C/D	Alex Courtney "Correlation Between Maternal Physical Activity and Weight With Infant's Body Composition" Kylee Funk "The RDN's Role in Health Care for Individuals with Autism Spectrum Disorders" Colleen Mcmilin "Emerging Topics in Food Allergy"	
3:45pm-4:00pm	Snack Break: Sponsored by Almonds of California, Sunsweet Snacks & Kind Bars	
4:00pm-5:00pm	Keynote Speaker: Tolly Patten RDN "Everything Ewe Want to Know About Lamb" Deb Jones RDN, Marcy Gaston RDN "Everything Ewe Need to Know About Cooking Lamb Mediterranean Style" Taste & Sample Lamb Sliders & Mediterranean Lamb Salad	

2018 MTAND FANS Program (continued)		Learning Code
Thursday June 7 th		
7:30am-8:00am	Registration	
8:00am-11:00pm	Intensive Workshops 9:30am Break: Rice Cheese Sticks, sponsored by Lisanatti Foods; and Smoothies, sponsored by the Eating Disorder Recovery Center	
Oriental A/B	Coleen Kaiser MS, RDN; Anna Diffenderfer MS, RDN “MDI Preceptor Workshop: Navigating Challenging Conversation by Using the Power of Your Unique Story” The Montana Dietetic Internship (MDI) Preceptor Workshop will address strategies for quick and effective application of nutrition knowledge and skills to support quality patient care and establish the RDNs place on the healthcare team, plus provide opportunities to model conversational styles that lead to effective leadership in the workplace and with mentoring dietetic interns.	
Oriental C/D	Roxanne DeLille “Seeing the Difference: Developing Essential Cultural Competence Skills” Participants will experience the Intercultural Development Inventory (IDI), exploring foundational concepts of cultural competence, developing their own Group Profile, and practicing competence skills.	
Ironhorse	“What a Dietitian Needs to Know About Diabetes in 2018” Cynthia Overturf CDE, RDN “Nutrition Therapy” Deb Bjorsness CDE, RDN “Billing & Coding for Intensive Behavior Therapy Nutrition Services” Sue Larson CDE, RDN “Continuous Glucose Monitoring, Insulin Pumps and Medication Update” George “A Patient’s Perspective”	
11:00am-11:15am	Break	
11:15pm-11:30pm	Tyler Setlock RDN “Yoga to Revitalize”	
11:30pm-12:45pm Ballroom 1	Lunch: Middle Eastern Sorghum Bowl with Peanut Butter Sorghum Balls. Sponsored by Sorghum Checkoff	
12:45pm-1:45pm	Keynote Speaker: Mark Messina PhD, MS “Soy and Health Update: Proposed Benefits and Controversies” Sponsored by the Soy Nutrition Institute	
2:00pm-3:00pm	Breakout Sessions	
Oriental A/B	Gen Sheets RDN “Crowd Funding a Farm to School Project”	
Oriental C/D	Beth Hall RDN; Kandis Grose RDN “A Peek Into Private Practice and Private Payers”	
Ironhorse	Tyler Setlock RDN “Nutrition Therapy in Metabolic Disorders”	
3:00pm-3:15pm	Break: Sponsored by Almonds of California, Sunsweet Snacks, and KIND Bars. Silent Auction Closes	
3:15pm-4:15pm Western Empire Ballroom	Keynote Speaker: Pepin Tuma “Public Policy in Our Second Century”	
4:15pm-4:30pm	Lacy Stephens: Closing Comments Prize Drawings: One Free Registration to the 2019 MTAND conference. <i>Must attend full conference and be present to win.</i> Silent Auction Winners Announced	
5:30pm	Coleen Kaiser: Intern Graduation Celebration for Registered Family, Friends and Preceptors	



Thank You to our Sponsors, Contributors & Exhibitors!



Montana Dietetic Internship



College of
EDUCATION, HEALTH & HUMAN DEVELOPMENT

