what do RDNs do in Montana

clinical

Provide personally tailored nutrition assessment and counselling in chronic disease management, weight loss or gain, gastro-intestinal disorders, food allergies or intolerances, etc. RDNs focus on food and nutrition to enhance the work of medical teams and the lives of individuals and families.

community

RDNs provide direct nutrition education for Montana women, infants and children, along with access to farmers’ market vouchers and extensive breastfeeding resources in the WIC program. In Federal school meal programs, RDNs ensure school meals include locally grown fresh fruits, vegetables, whole grains, and proteins.

food service

Build relationships with Montana farmers, ranchers to utilize local foods in schools, health-care facilities, and homes. RDNs work in every aspect of the food supply chain, from producer to consumer.

education

RDNs teach nutrition, food science, and sustainable food systems. Montana State University offers undergraduate dietetics and nutrition science degrees, and a dietetic internship program for interns pursuing dietetic registration.