

## REGISTERED DIETITIAN NUTRITIONISTS (RDNS):

## IMPROVING THE NUTRITIONAL HEALTH OF MONTANANS

# WHO ARE RDNS?

Registered Dietitian Nutritionists (RDNs) are **food and nutrition experts.**

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### WHAT ARE THEIR EDUCATION AND TRAINING REQUIREMENTS?

RDNs must graduate from an **accredited degree program**, complete a minimum number of supervised **practice hours**, pass a **national exam**, and maintain **continuing education** credits throughout their career.

*Those who do not carry the RDN credential or meet the requirements for state licensure do not have to adhere to these high standards.*

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### ARE THEY LICENSED TO PRACTICE IN MONTANA?

To **protect public safety**, RDNs who practice in Montana must satisfy licensure requirements.

*While those who are unable to meet licensure requirements are still able to interact with consumers by making general nutrition recommendations, teaching cooking classes, and sharing their personal experiences with food, licensure of nutritionists in Montana protects "the public health, safety, and welfare, to ensure that nutritional services of high quality are available to the people of Montana, and to provide a means of identifying those qualified to practice nutrition."*

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**KEEP IT SIMPLE.**

**EATING RIGHT DOESN'T HAVE TO BE  
COMPLICATED.**